

Menu is Subject to Change

Grab N' Go Meals are Suspended until further notice.
On Fish and Liver days, there will be an alternative choice.
Unless otherwise noted, all fish is wild caught– not farmed.

February 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meat Loaf Mashed Potatoes w/ gravy Peas Bread	2 Pork chops Steak fries San Francisco Blend Bread Dessert	3 Baked Chicken w/ Rice & gravy Capri Bread Dessert	4 Ham and Sweet Potatoes Green Beans Bread Dessert	5 Cod Pan Roasted Potatoes Winter Blend Bread Dessert
8 Chili Corn Bread Dessert	9 Chicken a la King Rice San Francisco Blend Bread Dessert	10 Roast Beef Mashed Potatoes w/gravy Broccoli Bread Dessert	11 Beef Stroganoff Egg noodles Carrots Bread Dessert	12 Catfish Fries Cauliflower Bread Dessert
15 Closed Presidents' Day	16 Meatballs Rice California Blend Bread Dessert	17 Brisket Scalloped Potatoes Brussel Sprouts Bread Dessert	18 Chicken Fried Steak Mashed Potatoes w/gravy Green Beans Bread	19 Pollock Burgers Steak Fries Winter Blend Bread Dessert
22 Spaghetti w/meat sauce Peas Bread Dessert	23 Lasagna 5-way Mixed Veggies Bread Dessert	24 Corned Beef Cabbage Capri Bread Dessert	25 Chicken Tenders Jo Jo's Key Largo Bread Dessert	26 Crab Stuffed Pollock Shoe String Fries Peas and Onions Bread Dessert



MEALS on WHEELS
AMERICA

TOGETHER, WE CAN DELIVER.

*If you are planning a move, please call MSSS
(745-5454) and let us know so we can update your
meal delivery address.*