

Public Notice  
3/17/2020



**MAT-SU SENIOR**  
SERVICES

## Mat-Su Senior Services COVID-19 Emergency Response Plan

*This is an extremely dynamic situation requiring Mat-Su Senior Services to frequently reevaluate its response.*

(Palmer, AK) The mission of Mat-Su Senior Services is to promote independence, security and quality of life for seniors and other eligible individuals in the Matanuska-Susitna Borough with respect, trust and compassion. With that in mind, and recognizing the health and safety concerns posed by COVID-19, MSSS is taking immediate steps to safeguard our seniors and staff.

Following the guidance of the State of Alaska and the CDC, Mat-Su Senior Services will be making a number of changes, including closing the Palmer Senior Center Headquarters, Adult Day Services, and the Chore & Respite services for a minimum of two weeks, starting 3/18/20.

MSSS Administration will be available by phone/email during normal business hours 8am-5pm, at this time.

You may keep yourself informed on this health emergency situation we recommend regularly checking [www.cdc.gov](http://www.cdc.gov) and [www.alaska.gov](http://www.alaska.gov). For MSSS updates, you may check [www.facebook.com/matsuseniors](https://www.facebook.com/matsuseniors), or call (907) 745-5454.

### **Palmer Senior Center 3-18-2020**

MSSS is limiting the number of people entering the Center. All activities are cancelled. Only staff will be permitted in the building. Staff will be available to assist seniors by phone or email. If necessary, other arrangements may be made on a case-by-case basis.

### **Adult Day Services and Chore & Respite Services 3-18-2020**

We are closing ADS and Chore/Respite services as per CDC recommendations to ensure the health and safety of the seniors in these programs.

### **Meals – Beginning 3/18/2020**

**Home Delivered:** MSSS will continue Home Delivered Meals at this time, though we ask recipients to please be aware that delivery times may vary.

**Onsite Meals:** We are initiating a “Grab N’ Go” meal process at the Center. Seniors who regularly dine at the center will have access to a meal, Monday through Friday between 11:30 a.m. - 1:00 p.m. Qualifying seniors who are unable to drive to the center can call MSSS (745-5454) to sign up for Home Delivered Meals.

### **Transportation Services**

MSSS will continue to offer medical rides at this time. We are asking seniors to review CDC recommendations before scheduling a ride and stay home whenever possible.