

DECEMBER 2022

Palmer Senior Center dba Mat-Su Senior Services

SENIOR MONTHLY CHATTER

CORE VALUES

RESPECT | TRUST | INDEPENDENCE | SECURITY

COMPASSION | UNITY



A Message from Brandi...



It's the end of the 2022!! It's been an amazing year with us having various transitions and overcoming many obstacles. We accomplished a successful Holiday Ball, and I am overcome with joy with the results. The holidays can be a time of celebration, love, and hope for everyone. The holidays also bring memorable sounds, smells, spirit —and stresses. Some tactics for staying positive during the holiday season include reminiscing in an encouraging and uplifting way. This can be an ideal time to remember traditions and friends that have come through your life, reflect on things that have changed, and appreciate things that haven't. The true meaning of the holidays is love and togetherness, so avoid overspending what you don't have.

Instead try recruiting the help of family members or friends to help you decorate, make homemade presents, or take yourself to go see lights at the fairgrounds. It can be hard to admit when you have feelings of loneliness, depression, or are simply not feeling celebratory this holiday season. This can be especially true when others are enjoying the holiday season. Please remember the people around you care about you and are here to support you. The holiday season is no time to feel alone. For those who are not able to see loved ones in person, set up a day and time of the week that works for both parties to speak on the phone. Find social activities around you to participate in with friends or other seniors. There may be other people having a difficult time as well during this season and they will be seeking support in each other.

In November, we attempted to have a volunteer led “Chatter Folding Day” and I want to thank John and Carol for showing to fold the chatters. Until we're able to better structure this and obtain more volunteer participation, we will move forward with sending this out to be printed. November also brought about the return of “Bingo” and I am ecstatic about this. In December we will have Bingo on Thursday December 8th and Thursday December 15th 1pm- 3pm. Please come to the admin office to let us know if you are interested in volunteering for this. Verona would love to conduct trainings so we can ensure that Bingo remains intact as an activity at our center.

December will be a very busy month with our Board meeting being Monday, December 12th, our Membership meeting Wednesday the 14th at 11:30 am. On that same day at 2pm will be the movie matinee of “It's a Wonderful Life”. Lastly Coffee Chit chat will be Friday, December 16th at 10 am. This last Coffee Chit Chat we had 16 people in attendance!!!!

Brandi Burchett
CEO



AARP sponsors our December 14th Membership Meeting!

This year-end membership meeting will be an informational session. We will not have any items to be voted on but rather an uplifting sharing of information from your MSSS staff, board members, and AARP. Those in attendance of the membership meeting will be receiving holiday gift bags and AARP swag (pillboxes, jar openers etc). This membership will be is extremely exciting as it will still provide you necessary information about Mat-Su Senior Services and AARP updates on Brain Health, but with the added benefit of the love, laughter and fun connected with the holidays. AARP will also be participating along with First National Bank Alaska for our “Christmas in Christmas” initiatives for those receiving Home Delivered Melas. This will be providing an assortment of Holiday bags, blankets, toiletries, and AARP Swag.

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Palmer Senior Citizen's Center, INC. dba
Mat-Su Senior Services

CORE PURPOSE

Seniors Quality of Life

CORE VALUES

Respect-Trust-Independence-Security
Compassion-Unity

Mission Statement

MAT-SU SENIOR SERVICES' primary mission is to promote honor, dignity, security, and independence for older Alaskans and to assist them in maintaining meaningful, quality lives. Our clients include older Alaskans, individuals with Alzheimer's Disease or related disorders, and anyone of any age on the Home and Community Based Medicaid Waiver Program.

Services available:

- **CONGREGATE MEALS:** Monday - Friday, 11:30am - 12:30pm at the center
- **HOME DELIVERED MEALS:** Call-in by 9am Monday-Friday to start or make changes
- **ADULT DAY SERVICES:** Monday - Friday, 7:30am - 4pm
- **CHORE & RESPITE & SUPPLEMENTAL SERVICES:** Call Monday - Friday, 8am - 4pm
- **NOTARY SERVICE:** Traveling notary available
- **VOLUNTEER OPPORTUNITIES:** Call Admin 745-5454
- **SENIOR HOUSING CHUGACH & COLONY ESTATES:** Call 761-5001
- **FACILITY RENTAL & CATERING:** Call 761-5006
- **TRANSPORTATION:** Medical rides in the Palmer or Wasilla area, call 761-5050 one week in advance

Voluntary donations accepted for all services.

Suggested donation amounts are:

- CONGREGATE MEALS: \$5
- HOME DELIVERED MEALS: \$6.50
- TRANSPORTATION: \$5 (Palmer, RT)
\$8 (Wasilla, OW)



*proud
member
of*

FOOD BANK
of ALASKA



United Way of Mat-Su
Food Bank of Alaska

Coalition of Mat-Su Senior Centers
ACAO



DEPARTMENT MANAGERS

CEO.....Brandi Burchett
COO/HR.....Beth Westland
HR CONSULTANT.....Kirk Henke
ACCOUNTING MANAGER.....Anna Weiss
Transportation/Facilities.....Tim Pettit
Adult Day Services.....Christopher Koops
Chore/Respite Services.....Lisa Mecham
Kitchen/Food Services.....Yossi Assis

*Mat-Su Senior Services is an equal
opportunity employer and provider.*

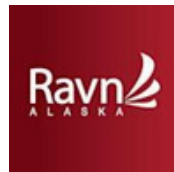


THANK YOU! to all of our Holiday Ball Sponsors,
Donors, Volunteers & Attendees!

PLATINUM



LIVE AUCTION



SILVER



SILENT AUCTION & EVENT IN-KIND

203 Kombucha
AK Republic
Alaska Chicks Co.
Alaska Vintage Markets
Alaska's Best Philly's
Baddest Batch
Betty Russel
Bleeding Heart Brewery
Blessed & Distressed
Bluff View Designs
Botanical Rhapsody Organics
Bow & Arrow Mercantile
Chickadees Gift Boutique
Crafts by Meesha
Denali Fur
Everett's
Holly Danielle Esthetics
Homespun Alley
Jennifer McCreary
Jerelyn Miyashiro

Mahay's Riverboat Adventures
McKinley Birch Bed & Breakfast
McKinley Birch Enterprises
Meta & Rose
MSSS Gift Shop
Noels Hair Salon
Noisy Goose
Old Man Russ Fine Food &
Catering
Palmer Alehouse
Poppy Lane
Reindeer Farm
Soul Sisters
Spunky Monkey Alaska
Suzie Q Studios
The Topsy Mermaid
Three Bears Alaska
T Rex Woodworking
Valley Hotel
William "Taylor" York

VOLUNTEERS

Aaron Burchett
Alexis Westland
Dora Wheeler
Elda McCraw
Erick Westland
Erin Welton
Ginger Sweeney
Ien Smith
Heidi Pace
Linda Derflinger
Rayce Wittner
Rus'sel Wittner
Ryan Olayvar
Sonia Smith
ue Shaw
Sue Welton
Tim Fritzler
Tom Schulman
Will Pace



A note from Linda...

As I write this, we are poised to begin the whirlwind of Thanksgiving until New Year's Eve in just a few short days. Days and weeks filled with traditions and celebration. For some, it means travel and for others there will be visitors. Memories will be shared and new memories will be made. The cold and dark days of the beginning of our winter are warmed by gaily decorated homes and businesses filled with voices of friends and family proclaiming the joyfulness and love of the season.

I find myself contemplating using at least a portion of that time to review this past year and do a check list of what has been accomplished while noting the shuffling of needs, priorities and game plans that will affect the beginning of a new year so very soon. Even with all of the "joyful noise" of the Christmas celebrations, there are plenty of quiet "silent night" moments that give us an opportunity to reflect on what this cycle of our journey has completed and has generated in the form of new requirements, necessities and desires that will in fact fill our personal days as well as the center's with an urgency not to be ignored.

To this end, I and your Board of Director's in conjunction with the staff of Palmer Senior Citizen's Center continue to fulfill our promises to you, our membership, and to the communities we serve. We will cast a vigilant gaze on the fast upcoming year of 2023.

As always, remember to be kind and may you have the most wonderful season of celebration.

Linda A. Combs

Board President



Palmer Senior Citizen's Center, Inc. dba
MAT-SU SENIOR
SERVICES

Join us at our next

MEMBERSHIP MEETING

**WEDNESDAY
DECEMBER 14TH AT 11:30AM**



Puzzle 1

			3		1	8	9	
9	7			8	6		1	2
3	1	8		7				4
		5	6	9			8	3
7	4	6	1					5
					2			6
			7			2		
4	8	7			3	5		
			8				4	

Puzzle 2

2		5				4		
7		6	2		5		8	3
	4		7	6	9		1	5
4		9	5		6	3		
6						8	4	7
		8	4	7				
				3				2
		2						
5	6		9	2		1		8



2022 ACTIVITIES

MON

TUE

WED

THU

FRI

WEEK 1

ALL ACTIVITY LOCATIONS WILL
BE LISTED IN THE LOBBY
UNLESS OTHERWISE NOTED

FOR QUESTIONS
CONTACT LISA MECHAM AT
907.761-5026

5
10AM SENIOR STRENGTH

6
10AM 1ST TUESDAY BOOK CLUB W/TONI
TRUEDELL

7
10AM A NEW YOU W/TONI TRUEDELL

1PM PINOCCHLE

3PM YOGA (439 W ELMWOOD)

8
10AM KNIT ALONG: COME KNIT OR
CROCHET WITH YOUR FRIENDS

1PM OSTEOARTHRITIS: WEIGHING
THE TREATMENT OPTIONS
W/STEPHANIE PACKARD FROM
ARCTIC MEDICAL CENTER

9
CLOSED

2
10AM SENIOR STRENGTH
12:30PM BIBLE STUDY

WEEK 2

6PM ESTATE PLANNING -
LAW OFFICE OF
C.ASCHENBRENNER

10:30AM CONVERSATIONAL SPANISH
FOR BEGINNERS W/GLENN

12PM ZUMBA (439 W ELMWOOD)
1PM YOUNG AT HEART W/TAYLOR YORK

12

10AM SENIOR STRENGTH

12:30

BOARD OF DIRECTORS
MEETING

13

9:30AM ESTATE PLANNING - LAW OFFICE
OF C.ASCHENBRENNER

10:30AM CONVERSATIONAL SPANISH FOR
BEGINNERS W/GLENN

12PM ZUMBA (439 W ELMWOOD)

1PM YOUNG AT HEART W/TAYLOR YORK

14

10AM A NEW YOU W/TONI TRUEDELL

11:30 MEMBERSHIP MEETING
12:30PM SANTA VISITS

1PM PINOCCHLE

3PM YOGA (439 W ELMWOOD)

15

10AM KNIT ALONG: COME KNIT OR
CROCHET WITH YOUR FRIENDS

1PM LIVING WITH VISION LOSS
W/JACKIE OLSEN

16

10AM SENIOR STRENGTH

10AM COFFEE & CHIT-CHAT
W/CEO, BRANDI BURCHETT

12:30PM BIBLE STUDY
3PM MOVE, DANCE, LAUGH
W/KAY SLACK

WEEK 3

19

10AM SENIOR STRENGTH

11:30AM POLKA MUSIC - CLOSE
ENOUGH

20

10:30AM CONVERSATIONAL SPANISH
FOR BEGINNERS W/GLENN

12P ZUMBA (439 W ELMWOOD)

1PM YOUNG AT HEART W/TAYLOR
YORK

21

10AM A NEW YOU W/TONI TRUEDELL

1PM PINOCCHLE

3PM YOGA (439 W ELMWOOD)

22

10AM KNIT ALONG: COME KNIT OR
CROCHET WITH YOUR FRIENDS

23

CLOSED

WEEK 4

26

CLOSED

27

10:30AM CONVERSATIONAL SPANISH
FOR BEGINNERS W/GLENN

12P ZUMBA (439 W ELMWOOD)
1PM YOUNG AT HEART W/TAYLOR
YORK

28

10AM A NEW YOU W/TONI TRUEDELL
1PM PINOCCHLE

2PM MOVIE MATINEE: IT'S A
WONDERFUL LIFE - HOSTED BY CEO,
BRANDI BURCHETT

29

10AM KNIT ALONG: COME KNIT OR
CROCHET WITH YOUR FRIENDS

30

CLOSED



WEEK 5



DECEMBER 2022

LUNCH MENU | 12PM - 1PM MON-FRI

MON

TUE

WED

THU

FRI

WEEK 1

FISH
ALTERNATIVE
LISTED FOR
FRIDAYS

MENU IS SUBJECT TO CHANGE

MEAL COST FOR
NON-ELIGIBLE INDIVIDUAL

\$14 - FULL MEAL UNDER 60

\$6.00 - KIDS 8-12 YEARS

\$5.00 - KIDS 0-7 YEARS

1
SPAGHETTI
BOLOGNESE
VEGGIE
DESSERT

2
FISH
LASAGNA
FRIES
VEGGIE
DESSERT

WEEK 2

5
BAKED CHICKEN
RICE
VEGGIE
DESSERT

6
GOULASH
NOODLES
VEGGIE
DESSERT

7
HAMBURDER
FRIES
VEGGIES
DESSERT

8
CHICKEN
SCHNITZEL
MASHED
POTATOES
VEGGIE
DESSERT

9
CLOSED

STAFF WORK
DAY

WEEK 3

12
CHILI
RICE
VEGGIE
DESSERT

13
MEATBALLS
PASTA
VEGGIE
DESSERT

14
ROAST BEEF
MASHED POTATOES
VEGGIE
DESSERT

15
HOT DOG
FRIES
VEGGIE
DESSERT

16
FISH
MEATBALLS
VEGGIE
DESSERT

MEMBERSHIP
MEETING

WEEK 4

19
CHICKEN FRIED STEAK
RICE
VEGGIE
DESSERT

20
SHEPERD'S PIE
VEGGIE
DESSERT

21
BAKED CHICKEN
RICE
VEGGIE
DESSERT

22
TURKEY
STUFFING
GREEN BEAN
CASSEROLE
DESSERT

23
CLOSED



WEEK 5

26
CLOSED



27
CHICKEN MARSALA
RICE
VEGGIE
DESSERT

28
SAUSAGE & BEANS
RICE
VEGGIE
DESSERT

29
PORK LOIN
MASHED POTATOS
VEGGIE
DESSERT

30
CLOSED







From the Gift Shop

A Christmas Shopping Smorgasbord! The holiday season is upon us. We hope that you haven't completed your Christmas shopping at this point. In fact, we hope that you haven't even started shopping yet! We are not trying to add to holiday stress, but instead invite you to step into the gift shop. We are very confident that you will find those "just perfect" items for nearly everyone on your Christmas list at prices that will please you. Remember that by purchasing at the gift shop, you are also donating to the senior center. That's a win, win, win—for you, for your gift recipient, and for the Center.

This year the gift shop is sporting a new Christmas look thanks to a charitable donation. It features a beautiful white tree trimmed with oversized crimson baubles, bright red holiday boxes and a mini forest of petite white saplings. We want to bring the essence of the season to you. We've set the mood, so come in and enjoy!

Enhance your Christmas with a variety of tree trims crafted by local artists in wood, metal and fabric. Add a couple of Christmas pillows to your couch. Announce the season with holiday wall hangings. Then settle down with a cup of Kobuk's holiday tea (there are several from which to choose at the gift shop). You may even want to choose a beautiful new mug for yourself or someone on your Christmas list. We have just added a huge selection of designs.

Send some holiday cheer to friends and family. This year the gift shop features Cindy Pendleton's collection of Alaskan Christmas cards. Over twenty years ago Pendleton entered a National Diabetes Association Christmas card design competition—and won! Her watercolor design featured a group of Alaskan children "trimming" the antlers of a very patient caribou with Christmas ornaments. The design, sold by NDA in their annual Christmas catalogue garnered nearly \$25,000.00 for research! Pendleton decided that she could do something similar for Alaskan charities. So began her annual Christmas card design and sale. When you send Pendleton's Christmas greeting to those near and dear, you are also supporting a well deserving Alaska charity. This year's recipient is the Salvation Army McKennel House which provides temporary housing for single parent families.

Wanting to keep things small this year? We have a great collection of mini puzzles, coin purses, beautiful, professional business card holders, kitchen must haves including aprons and towels, and artistically rendered dryer balls. And the list goes on—there are beautiful native designed copper bracelets with healing magnets to ward off the pain of arthritis as well as making a beautiful fashion statement. Bracelets also are available in stainless steel. Give the gift of light this Christmas. Night lights provide a thoughtful gift. This year the gift shop has a great collection of whimsical Alaskan designs in rustic metals featuring vintage tractors, bicycles, evergreens and even a moose and bear paddling a canoe!

Of course, our display racks are filled with kuspuks and parkas by Bobbi Lewis. We also have a colorful collection of ruanas in both hooded and hoodless varieties as well as capes, shawls and seasonal hats and scarves. We've even added a unique collection of Native Northwest French terry lined pullover hoodies, so very soft and comfortable.

As always, we have a full selection of both traditional and Christmas jewelry. From watches that play Christmas songs to wire wrapped gemstones, the variety is outstanding. We will even have a Holiday Trunk Jewelry Show by Vicki Randolph of Classy Glass Expressions on December 21st and 22nd, during regular store hours. Don't miss it!



Hours: Tuesday through Friday, 10am - 2pm
Questions? Call 907-761-5043



December Birthdays

Charles Ashley
Patricia L Atchison
Kevin P Babbitt
Katherine L Baker
Alan W Banford
Jack Barnes
Catherine R Bates
Lavina Beech
Michael Bennett
Barbara Bishop
Linda M Blain
Paul R Borghols
Richard Bowell
Ken M Boze
Daniel Brown
Katherine A. Burrill
Mary Campbell
Steven Carner
Anita Chace
Sandra L Chapman
Michael A Conner
Belinda Cook
Dona L Corey
Christine K Cotterall
Cheryl A Couch
Christine L Cox
Carla E Cunningham
Katherine K Damassiotis
Claude Davis
Linnie M Dean
LaDelle A Deckert
Yolinda C Delano
Linda S Derflinger
Evangeline Dessert
Daniel Dewall
Patricia Dishneau
Verona A Doyal
Kenneth J Duby

Josephine E Ehmann
Jennie L Erickson
Maria R Evans
Brenda J George
Patti Gersech
Sylvia L Gwaltney
Kay Hansen
Stephen Heitmeyer
Betsy Hilderman
Sidney I Hill
Kathleen Honeycutt
Daniel L Horvath
Janine M Jensen
Christine C Jones
Richard W Jones Jr
Heather R Kemp
Chung C Kim
Janet Kincaid
Mary R King
Candace Kopperud
Florence LaRose
Harold Larson
Layne A Larson-Collins
Laura LeMieux
Neena Levan
Patrick H Lewis
Sidney Lindeke
Diane L Lindfors
Lucille Magee
Saidy Main
Constance R Maxwell-Woolsey
Bryant L McCraw
Linda Mendard-Post
Rodney Morgan
Michael Morrow
Michael J Naczi

Vernon G Neddeau
Stacy A Newman
Heather J O'Flanagan
Carla O'Neill
Ernest R Orloff
Walter Ortner
James M Patterson
William Pellman
Billie J Phillips
Shannon Phillips
Deborah Provo
Sid A Richards
Michael Scavette
Phyllis C Schley
Jaqueline A Schmidt
Jackie N Shively
Janet L Smith
Jeannie Snodgrass
Edward N Sojka Jr
Catherine M Solem
Carla L Stahl
Deloris A Stevens
Bonnie J Stirn
Pamela Strickland
Charles Stubbs
John W Switzer
Douglas E Theis
Jan A Theis
Terry C Thoms
Cynthia A Wansor
Mary J Ward
Tod Weiland
Mary Welch
Shirley Whitmer
James M Whitey
Connie L Woolard



DECEMBER

Senior Shout!

Our seniors (and volunteers) are amazing and we want to let everyone know how grateful we are for them.

This month we thank you ALL!

A special thank you to our volunteers who help everyday around the center. We know who you are, we see your faces each and every day. You are appreciated! Thank you for taking the time to volunteer and support Palmer Senior Citizen's Center, dba Mat-Su Senior Services. We love our volunteers!

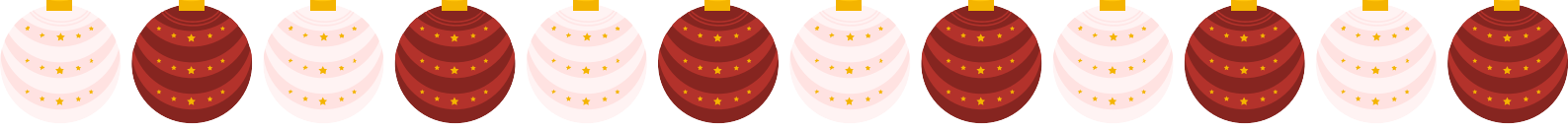


Solution 1

6	5	2	3	4	1	8	9	7
9	7	4	5	8	6	3	1	2
3	1	8	2	7	9	6	5	4
1	2	5	6	9	7	4	8	3
7	4	6	1	3	8	9	2	5
8	9	3	4	5	2	1	7	6
5	6	9	7	1	4	2	3	8
4	8	7	9	2	3	5	6	1
2	3	1	8	6	5	7	4	9

Solution 2

2	9	5	8	1	3	4	7	6
7	1	6	2	4	5	9	8	3
8	4	3	7	6	9	2	1	5
4	7	9	5	8	6	3	2	1
6	5	1	3	9	2	8	4	7
3	2	8	4	7	1	6	5	9
9	8	7	1	3	4	5	6	2
1	3	2	6	5	8	7	9	4
5	6	4	9	2	7	1	3	8



Christmas Friendship Dinner

THE TRADITION GOES ON!

Elsie O'Bryan, Board Member, Christmas Friendship Dinner, Inc.

Yes! There will be a Christmas Friendship Dinner this year! Again, it will be at the Menard Sports Center on Christmas day, serving from 11:00 a.m. to 3:00 p.m.

There is no charge and we do not accept donations at the door!

As always, we offer home-delivered meals to those who have at least one family member who is homebound. Not only will we deliver a meal to the homebound person, we will also provide a meal for your family and guests. (Sadly, we aren't able to honor food preferences) . Just let us know if you expect children to join you, so that we can include a family gift. If you prefer a paper copy of the application, see someone in the upstairs Administration office. If you're comfortable on the computer, go to www.christmasfriendshipdinner.com and fill the application out online.

If you have questions about getting a ride, call Linda at 907-631-9776.

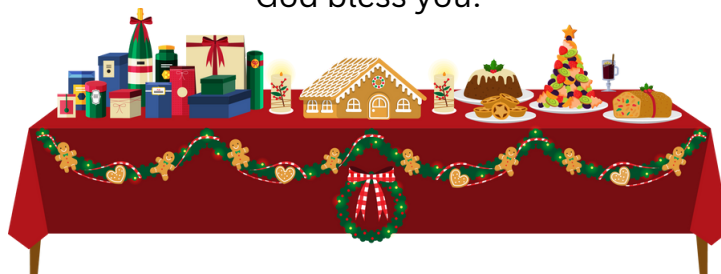
In addition to the traditional sit-down dining, we again are offering a drive-through pickup option, for those who aren't yet comfortable in large groups. No application is needed....just come by and drive around the back of the building to get in that line.

As always, we encourage you to join us inside for festive décor, entertainment, Santa and the opportunity to enjoy the meal with old (or new) friends. As you know, getting out and about...especially on traditionally festive days...can go a long way in healing the pain of loss or loneliness.

If you're wondering if you can help...yes, you can! There are many tasks that have to be done to make this wonderful event happen! Go to the same website noted above or call 907-631-9775 to find out what slots are still open. The Volunteer Coordinator will connect you with the lead in that area, so you can decide where your talents and gifts can best be used. There is work to be done in the days leading up to the big event, as well as after. We will need to clean up our mess and put away all the things that were brought out of storage!

In case you wonder what this is about: For over 30 years, a group of everyday people (just like you) have been planning, preparing and serving a festive Christmas meal to any and all within our community on Christmas Day. Although it is a Christian based organization, we welcome all people without discrimination of beliefs, ethnic, racial, income, social or any other standing.

God bless you!





INDEPENDENT SENIOR HOUSING

SAFE & SECURE | NON-SMOKING | 55+ COMMUNITY | PET FRIENDLY (1 PET) | HEAT, WATER & TRASH INCLUDED IN RENT

CHUGACH ESTATES

1102 S. Chugach Street, Palmer



- 3 floors, 31 units
- elevator
- on-site laundry
- in-floor heating
- community room
- additional storage

COLONY ESTATES

920 S. Chugach Street, Palmer

- 1 floor, 24 units
- adult day services facility attached
- on-site laundry
- in-floor heating
- community room
- additional storage



Palmer Senior Center, Inc. dba Mat-Su Senior Services

1132 S. Chugach Street, Palmer, AK 99645

907.745.5454 Main | 907.746-5173 Fax | info@matsuseniors.com





JOIN OUR TEAM

COME BE PART OF SOMETHING GREAT!

All positions require a fingerprint background check, must be 18+ years of age and have a valid ADL. Please email resume to COO, Beth Westland at bethw@matsuseniors.com, apply on indeed, or come fill out an application in person today! Call 907.745.5454 for more information.

Now Hiring

Chore & Respite Worker
Kitchen Worker

Volunteers Opportunities

Gift Shop
Kitchen
Lunch Desk
Class Instructors (arts, exercise)
Membership Support

For more information about volunteer opportunities available, or to schedule your volunteer orientation, please contact Lisa Mecham at 907.761.5026

**ALL VOLUNTEERS MUST ATTEND
ORIENTATION.**



THANK YOU TO OUR

Board Members!

Linda Combs, Sue Welton, Russ Ingram, Elda McCraw,
Catherine Hall, Dora Wheeler, Ginger Sweeney, Merle Beeter



Looking for an event space?

Have you seen our beautiful building?

Did you know we rent it out?

Weddings | Receptions | Anniversaries | Reunions | Business | Fundraising Events
And so much more...



for more information

email rentals@matsuseniors.com





Palmer Senior Citizen's Center, Inc. dba

MAT-SU SENIOR
SERVICES

1132 S. Chugach Street
Palmer, AK 99645

NON-PROFIT ORG
U.S. POSTAGE PAID
PALMER, ALASKA 99645
PERMIT #99

RETURN SERVICE REQUESTED



Are you over 50?
If so, YOU can be a member!

Our next Membership Meeting is
Wednesday, December 14th,
at 11:30am.